

Gentle Stories Before a Hospital Visit

A calm starting shelf for a planned hospital stay, an unfamiliar room or a child who needs predictable bedtime reassurance.

☐ 1. Bea and the Hospital Moon

2 minutes · Ages 3–8

A hospital room does not know Bea's bedtime yet. With Grandma, Button Bear, clear explanations and the same moon outside, Bea teaches it how she feels safe.

bedtimestory.kids/bea-and-the-hospital-moon/

☐ 2. The Friendly Shadows

2 minutes · Ages 3–8

A bad dream leaves Owen frightened of familiar shadows. A parent validates the feeling, checks the room and helps Owen give the dream a safer ending.

bedtimestory.kids/the-friendly-shadows/

☐ 3. Twinkle, Twinkle, Little Star

1 minutes · Ages 1–3

A little star shines above the sleeping world, guiding travellers with its tiny light. This familiar, slow rhyme is made for a quiet voice at the very end of bedtime.

bedtimestory.kids/twinkle-twinkle-little-star/

☐ 4. Row, Row, Row Your Boat

1 minutes · Ages 1–3

A little boat drifts down a stream in the familiar round, then continues beneath stars and past the willows in two new bedtime verses. Rock side to side as you sing.

bedtimestory.kids/row-row-row-your-boat/

☐ 5. The Unicorn Who Waited

2 minutes · Ages 3–8

Orla has no quick unicorn magic. By waiting beside a pond, she notices the frogs and fireflies that later guide everyone safely through the fog.

bedtimestory.kids/the-unicorn-who-waited/